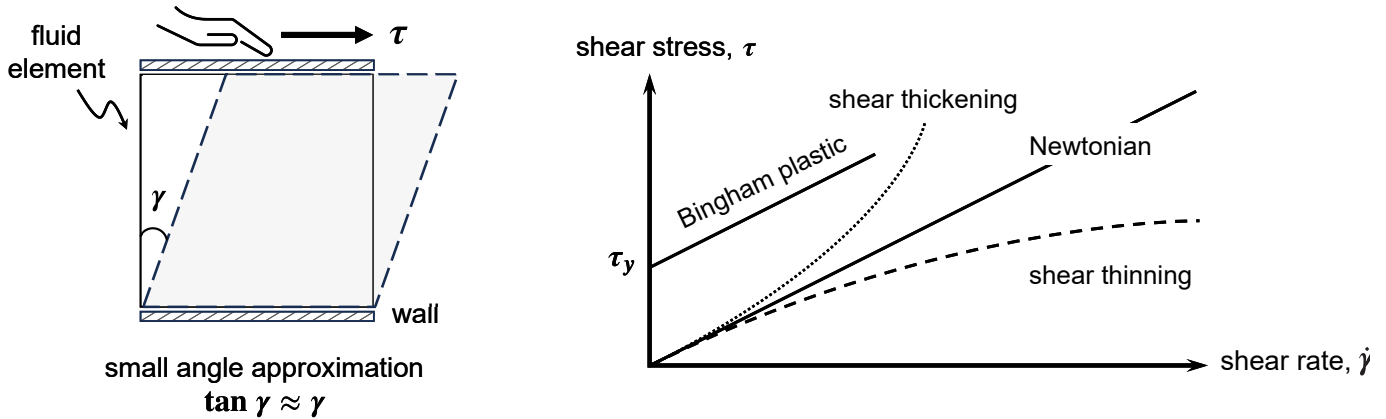


### 3.1 Fluid Viscosity

For the Newtonian fluid, the dynamic viscosity  $\mu$  [Pa · s] is a fixed constant; whereas for the non-Newtonian fluid, the viscosity varies with the shear stress  $\tau$  [Pa] and shear rate  $\dot{\gamma}$  [1/s].



**FIG. 1:** Left: the concept of shear strain  $\gamma$  in a simple shear flow; Right: the rheological behaviour of viscous fluids can be classified by the shear stress - shear rate ( $\dot{\gamma} = d\gamma/dt$ ) relations.

- Shear thickening:  $\mu$  increases with shear rate - e.g., cornstarch paste;
- Shear thinning:  $\mu$  decreases with shear rate - e.g., ketchup, blood;
- Bingham plastic: a yield stress  $\tau_y$  impedes the fluid flow until  $\tau > \tau_y$ .

Although the blood is frequently modelled as a Newtonian fluid, it is shear thinning with yield (a.k.a. Bingham pseudoplastic). The non-Newtonian behaviours of blood are due to the cell suspension (rather than the plasma), hence, the viscosity is Hematocrit-dependent.

### 3.2 Flow in a Rectangular Duct

Consider the flow in a rectangular duct (length  $L$ , width  $w$ , height  $h$ ) in the Cartesian coordinate system (Figure 2).

#### Assumptions

- Fluid is homogeneous, incompressible and Newtonian with viscosity  $\mu$  and density  $\rho$ ;
- Flow has reached the steady state:  $\partial \mathbf{u} / \partial t = 0$ ;
- Flow is fully developed along the  $x$ -direction:  $\partial \mathbf{u} / \partial x = 0$ ;
- Zero velocity along the  $y$ - and  $z$ -directions:  $v = 0, w = 0$ ;
- Negligible body force:  $\mathbf{f} = 0$ .

**Boundary Conditions** Symmetrical flow profile at  $y = 0$  and  $z = 0$ ; no-slip condition at the wall  $y = \pm h/2, z = \pm w/2$ .

**Aim** Analytically solve for the flow velocity in the  $x$ -direction.

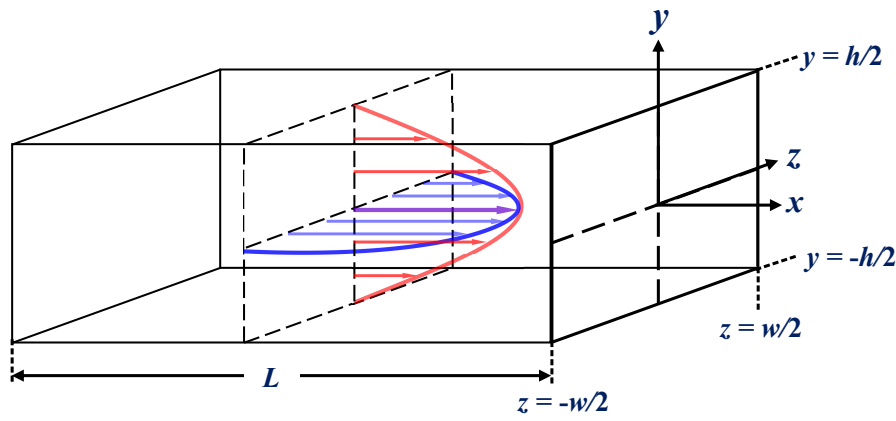
**Solution** The  $x$ -momentum equation is reduced to

$$0 = -\frac{\partial p}{\partial x} + \mu \left( \frac{\partial^2 u}{\partial y^2} + \frac{\partial^2 u}{\partial z^2} \right).$$

Using separation of variables<sup>1</sup>, the analytical solution of  $u$  is

$$u = \frac{1}{2\mu} \frac{\partial p}{\partial x} \left[ y^2 - \left( \frac{h}{2} \right)^2 - \sum_{n=0}^{\infty} A_n \cos \left( \frac{\lambda_n y}{h/2} \right) \cosh \left( \frac{\lambda_n z}{h/2} \right) \right], \quad \text{where } A_n = \frac{h^2 (-1)^n}{\lambda_n^3 \cosh \frac{\lambda_n w}{h}}, \quad \lambda_n = \frac{(2n+1)\pi}{2}.$$

<sup>1</sup>for the full derivation, see the Supplementary slides posted on Blackboard



**FIG. 2:** The schematic for the flow in a rectangular duct.

Integrating  $u$  over the area, the flux  $Q$  can be expressed as

$$Q = \frac{\partial p}{\partial x} \frac{wh^3}{12\mu} \left[ 6 \left( \frac{h}{w} \right) \sum_{n=0}^{\infty} \lambda_n^{-5} \tanh \left( \frac{\lambda_n w}{h} \right) - 1 \right] \approx \frac{\partial p}{\partial x} \frac{wh^3}{12\mu} \left[ 1 - 0.6274 \left( \frac{h}{w} \right) \right].$$

Finally, by  $Q = \Delta p/R$ , the flow resistance is

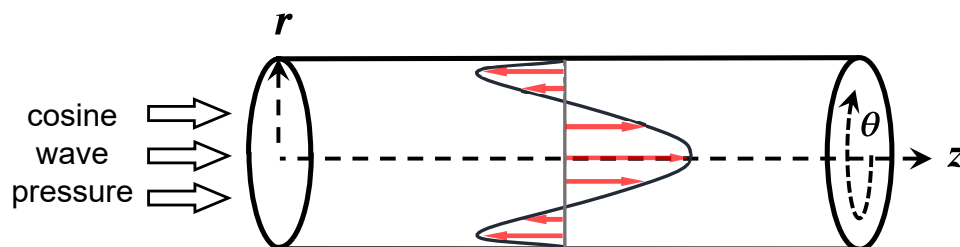
$$R = \frac{\Delta p}{Q} = \frac{12\mu L}{wh^3 \left[ 1 - 0.6274 \left( \frac{h}{w} \right) \right]}.$$

### 3.3 Womersley Flow

**Motivation** To approximate the pulsatility nature of the flow in the cardiovascular system.

#### Assumptions

- Fluid is homogeneous, incompressible and Newtonian with viscosity  $\mu$  and density  $\rho$ ;
- Flow in a long straight tube, with a perfect circular cross-section at radius  $a$ ;
- Axisymmetric along the  $\theta$ -axis:  $\partial/\partial\theta = 0$ ;
- The flow is fully developed along the  $z$ -axis:  $\partial\mathbf{u}/\partial z = 0$ ;
- No swirls:  $u_\theta = 0$ ;
- No velocity along the radial direction:  $u_r = 0$ ;
- Negligible body force:  $\mathbf{f} = 0$ .



**FIG. 3:** The schematic of the Womersley flow in a pipe.

**Boundary Conditions** No-slip condition on the wall, parabolic condition as Poiseuille flow.

**Solution Procedure****Step 1** The  $z$ -momentum equation

$$\rho \left( \frac{\partial u_z}{\partial t} + u_r \frac{\partial u_z}{\partial r} + \frac{u_\theta}{r} \frac{\partial u_z}{\partial \theta} + u_z \frac{\partial u_z}{\partial z} \right) = -\frac{\partial p}{\partial z} + \mu \left[ \frac{1}{r} \frac{\partial}{\partial r} \left( r \frac{\partial u_z}{\partial r} \right) + \frac{1}{r^2} \frac{\partial^2 u_z}{\partial \theta^2} + \frac{\partial^2 u_z}{\partial z^2} \right] + \rho f_z$$

$$\Rightarrow \rho \frac{\partial u_z}{\partial t} = -\frac{\partial p}{\partial z} + \mu \frac{1}{r} \frac{\partial}{\partial r} \left( r \frac{\partial u_z}{\partial r} \right).$$

Assume the pressure gradient is sinusoidal:  $\partial p / \partial z = \frac{G_0}{2} e^{i\omega t}$ , and following the sinusoidal  $z$ -velocity:  $u_z = U(r) e^{i\omega t}$ :

$$\left[ i\omega U \rho + \frac{G_0}{2} - \mu \frac{1}{r} \frac{\partial}{\partial r} \left( r \frac{\partial U}{\partial r} \right) \right] e^{i\omega t} = 0 \quad \xrightarrow{\text{2nd-order ODE}} \quad \frac{\partial^2 U}{\partial r^2} + \frac{1}{r} \frac{\partial U}{\partial r} - \frac{i\omega \rho}{\mu} U = -\frac{G_0}{2\mu}.$$

**Step 2** The full solution of  $U(r)$  involves a complementary function, which is formulated with the Bessel function of the 1<sup>st</sup> kind at 0<sup>th</sup> order,  $J_0$ ; also the particular integral,  $U_{pi} = -G_0/2i\omega\rho$ :

$$U(r) = \frac{iG_0}{2\omega\rho} \left[ 1 - \frac{J_0(i^{3/2}\alpha \frac{r}{a})}{J_0(i^{3/2}\alpha)} \right], \quad \text{with} \quad J_0(s) = \sum_{k=0}^{+\infty} \frac{(-1)^k}{k!k!} \left( \frac{s}{2} \right)^{2k},$$

and  $\alpha$  denotes the non-dimensional **Womersley number**:  $\alpha = a \sqrt{\frac{\omega\rho}{\mu}} = a \sqrt{\frac{\omega}{\nu}}$ .

**Step 3** To recover  $u_z$  from  $U(r)$ :

$$u_z(r, t) = \frac{i}{\omega\rho} \frac{\partial p}{\partial z} \left[ 1 - \frac{J_0(i^{3/2}\alpha \frac{r}{a})}{J_0(i^{3/2}\alpha)} \right] = \frac{iG_0}{2\omega\rho} \left[ 1 - \frac{J_0(i^{3/2}\alpha \frac{r}{a})}{J_0(i^{3/2}\alpha)} \right] e^{i\omega t}$$

Ostensibly, this solution is defined in the complex domain; but for simplicity, we only consider the real part to interpret its physical meaning.

**Extended Properties**

1. Wall shear stress:

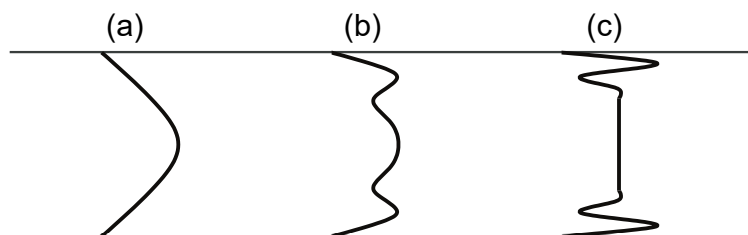
$$\tau_{rz} = \mu \frac{\partial u_z}{\partial r} = \mu \Re \left\{ -\frac{a}{i^{3/2}\alpha} \left( \frac{J_1(i^{3/2}\alpha \frac{r}{a})}{J_0(i^{3/2}\alpha)} \right) \frac{\partial p}{\partial z} \right\}, \quad \text{with} \quad J_1(s) = -\frac{\partial J_0(s)}{\partial s}.$$

2. Volume flow rate:

$$Q(t) = \int_0^a 2\pi r u_z dr = \Re \left\{ -\frac{\pi a^4}{i\mu\alpha^2} \left( 1 - \frac{2J_1(i^{3/2}\alpha)}{\alpha i^{3/2} J_0(i^{3/2}\alpha)} \right) \frac{\partial p}{\partial z} \right\}.$$

**The Womersley Number** The Womersley number  $\alpha$  is the ratio between unsteady inertia force and viscous force.

- $\alpha \leq 1$ : **Quasi-steady**, the velocity profile is basically scaled Poiseuille flow, mainly observed in the microvasculatures (e.g., capillaries, venules);
- $\alpha > 1$ : **Oscillatory**, the velocity profile is balanced between viscous forces at the wall and inertial forces in the centre. Common in large arteries (e.g., ascending aorta, carotid artery).



**FIG. 4:** Womersley flow profiles. (a) Low  $\alpha$  (viscous dominates), (b) intermediate  $\alpha$ , (c) high  $\alpha$  (inertia dominates).